**THE 32nd ANNUAL FORT TO FORT RUNS**

***To benefit the***

#### The Rome Historical Society

**\*\*\* SUNDAY, APRIL 7, 2019 \*\*\***

### \*\*\*Rome Free Academy, 95 Dart Circle, Rome, NY \*\*\*

###

### CHIP TIMING by LEONE TIMING

**NOW PART OF THE ROUTE 20 ROAD CHALLENGE**

***REGISTRATION:* 7:30 - 8:45 am Race Day**

***START TIMES:* Fun Run – 8:45 am --- 5K Run and Walk – 9:00 am --- 10K Run – 9:00 am**

***AWARDS:*  Commemorative Medal to all 5k and 10k finishers**

 **10-Year age groups**

 **Refreshments!**

***REGISTRATION* Pre-registration on or before April 1, 2019 - $25.00**

***FEES:* Morning of Race - $30.00**

 **Student - $20.00**

In consideration of acceptance of this application, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, administrators and assigns waive and release any and all rights and claims for damages I may have against Rome City School District, Griffiss Business and Technology Park and the City of Rome, their representatives and successors for any and all injuries suffered by me at the races to be held in Rome, New York, on April 7, 2019. I verify that I am physically fit and have trained sufficiently for the competition of this race.

Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Age (on 4/7/19):\_\_\_\_\_\_\_\_\_\_Sex: \_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_State:\_\_\_\_\_\_\_\_\_\_Zip:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ e-mail:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Parent Signature if under 18*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you belong to a running club, and if so, what is your primary club?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Event: *Circle one* 5K Walk 5K Open 10K Open

* Make checks payable to *Roman Runners* and mail to Cindy Reynolds, 1101 N. George St., Rome, NY 13440

*REGISTER ONLINE @ www.runsignup.com*